

EFFECTIVENESS OF TRAINING PROGRAMME ON KNOWLEDGE AND SKILLS IN 'FIRST AID MANAGEMENT' FOR SELECTED EMERGENCIES AMONG HIGH SCHOOL STUDENTS

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ABSTRACT

Basic First Aid Training programme should be taught in schools, as it is mandatory to our modern and stressful life. First aid Knowledge and Skill also increases the social responsibility towards the society and strengthen humanitarian values. The present study was conducted to assess the effectiveness of training programme on knowledge and skill regarding first aid management for selected emergencies among high school students at selected schools, Chennai. The aim of the study was to determine the effectiveness of training programme regarding first aid management for selected emergencies among high school students. The data was analyzed using descriptive statistics such as frequency, percentage, mean, standard deviation and inferential statistics such as paired 't' test, chi-square. The study findings showed that overall pre-test level of knowledge on first aid management among high school students are; 83 (83%) had inadequate knowledge and 17 (17%) had moderately adequate knowledge. In post-test, 65 (65%) had adequate knowledge and remaining 35(35%) had moderately adequate knowledge. The post-test level of skill attained were 76(76%) had good skill and 24 (24%) had adequate skill. The findings clearly indicate that there is a positive correlation between post-test level of knowledge and skill. Thus, it is proved that the training programme was found to be effective in improving the level of knowledge and skill regarding first aid management for selected emergencies among high school students. The demographic variables such as age and academic performance had highly significant association with level of knowledge and academic performance, and previous knowledge had highly significant association with level of skill regarding first aid management for selected emergencies. The findings of the study concluded that the training programme was very effective in improving the knowledge and skill regarding first aid management for selected emergencies. Hence the study concluded that, the first aid management can be taught to the adolescents and adults so as to manage the emergencies to reduce the disability and death.

KEYWORDS: Effectiveness of Training Programme; First Aid Management; High School Students

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